



Lifecorder

Comparison Chart



	Lifecorder EX	Lifecorder Plus
Steps	●	●
MVPA™ Timer		●
Distance		●
Activity Calories	●	●
Total Calories	●	●
Physical Activity Intensity Graph (METS)		●
Physical Activity Intensity Level	●	
Target Settings	Activity Cal	Steps, MVPA™ Timer, Activity Cal
Evaluation	Activity Calorie Goal Bar Icon	Countdown "To Target" & Scrolling Achievement Messages
MVPA™ Timer Threshold Setting	By PC only	●
Clock	●	●
Memory	On Display: 7 days Internal Memory: 200 Days	On Display: 7 Days Internal Memory 60 Days
PC Downloadable	●	●
Size	2 3/4" x 1 1/2" x 3/4" inches	2 3/4" x 1 1/2" x 3/4" inches
Weight	2 ounces	1 3/4 ounce
Battery Life	6 months	2 months
Retail Price	\$245	\$129.95

